

3022 HPGC Summer Camp "HPGC Children's Summer Golf Camp"

Camp Details + Schedule:

Date: July 11 - 15, 2022 (Total 5 days)

Harbour Plaza's Golf Academy Summer Camp is designed for children of all ages from 7-15 and all skill levels.

Children under 7 years old may participate with prior evaluation and approval.

Coaches: Andy Deng, Allen Hu, Xu Qi

Equipment: Golf Club provides free clubs, students prepare golf shoes and gloves and golf balls for playing on course

Price:

Golf Club Member Price: RMB3,988/pax, RMB4,588/pax, Residents: RMB4,988/pax. **Guest Price:**

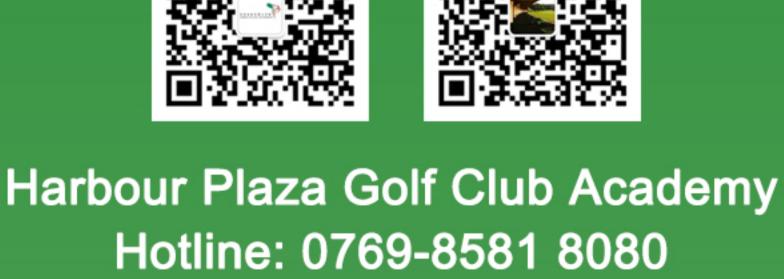
(Our camp pricing includes coach fee, bay fee, entry fee, club rental, ball hitting fee, course experience, lunch, drinks, contest prizes, and other activities including swimming and ping pong etc.)

Extras: After course completion, golf club will give out graduation photo and certificates **Daily Schedule**

Day 1	Day 2	Day 3	Day 4	Day 5		
9:15 Gather at Driving Range	9:15 Gather at Driving Range	9:15 Gather at Driving Range	8:30 Gather at Driving Range	8:30 Gather at Driving Range		
9:30	9:30	9:30	On course	On course match		

Gather at Driving Range	Gather at Driving Range	Gather at Driving Range	Gather at Driving Range	Gather at Driving Range
9:30 Introduction to Golf	9:30 Physical training: body flexibility training	9:30 Physical training: body flexibility training	On course coaching	On course match
10:00-12:00 Know about swing and basic skill	10:15 Basic swing	10:15 Swing skill, putting and practice	On course coaching	On course match
12:00 Lunch time	12:00 Lunch time	12:00 Lunch time	12:00 Lunch time	13:00 Complete course drill, arrange
13:00 Lunch break	13:00 Lunch break/game time	13:00 Lunch break/game time	13:00 Lunch break/game time	students clean and tidy up in locker room
13:30 Gather at Driving Range, review (physical function test)	13:30 Gather at Driving Range, the application of kinematic chain in functional training	13:30 Putting, chipping consolidation training, increase long-distance practice	13:30 Pre-match guidance	13:30 Lunch time
15:00 Targeted body training combined with swing	15:30 Explain and demonstrate the basic movements of putting, and guide the practice	15:00 Simulated course training (explain the precautions for playing on course	On course coaching	14:15 Complete the summer camp, give out certificates, group photo
17:00 End of the activity, parent pick up and go home	17:00 End of the activity, parent pick up and go home	17:00 End of the activity, parent pick up and go home	17:00 End of the activity, parent pick up and go home	14:30 End of the whole activity, parent pick up and go home





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