

A Simple Warm Up Drill

- It is always very important to warm up properly before playing golf. If you are like me, many times you are rushed getting to the first tee and have not had time to warm up properly. This normally results in a snap hook into the water if starting on # 19.



- A simple, easy way to remedy this when you are short of time is with this simple “Towel Drill”.
- By holding and swinging a towel as a golf club, you will naturally swing slower and smoother which will allow you to gain a much better rhythm starting off. Try this the next time you are rushed to play and enjoy a better day

